



Parent-Teen Resource Information on Alcohol and Other Drug Services in Fairfax County!

This resource information is a first step to assist you, a loved one, or a friend who may need education, intervention, or treatment related to alcohol or other drug use. It is always best to seek out a trained professional to help you with your concerns or questions about services.

To get started, who can you talk to on a confidential basis?

- ★ Your school counselor.
- ★ Your primary care physician.
- ★ Student Safety and Wellness Office (formerly Safe and Drug-Free Youth Section) – Fairfax County Public School (FCPS) office dedicated to education and prevention of drug and alcohol use. 571-423-4270; www.fcps.edu/dss/ips/ssaw/index.htm
- ★ Student Assistance Program (SAP) – SAP counselors in the schools can talk confidentially with you or your child about alcohol and other drug use. They can help you decide if help is needed and where to get it. 703-533-5634; www.fairfaxcounty.gov/csb/ads
- ★ A service provider listed on the next page.

What should you tell them?

- ★ What prompted your call? For example: "I found _____ (what?) in my child's room" or "My child has become _____ (angry? irritable? secretive?)" or "I am concerned about a friend who is binge drinking."
- ★ How long has this been occurring?
- ★ What are you seeking? For example: prevention program, someone to talk to about a possible alcohol or other drug problem, treatment... If you are not sure, feel free to ask questions or ask for written information.

Key Definitions:

Prevention: education to motivate and equip a person to stay alcohol and drug free.

Intervention: opportunity to address a possible alcohol or other drug use problem before it becomes serious.

Treatment: counseling by certified professionals for a person struggling with alcohol and other drug use to help change that person's risky behaviors.



School Based Resources

**Student Safety and Wellness Office (SSAW)
(formerly Safe and Drug-Free Youth Section)
Fairfax County Public Schools**

Phone: 571-423-4270 **Email:** cdjones@fcps.edu
www.fcps.edu/dss/ips/ssaw/index.htm
www.unifiedpreventioncoalition.org
Serving ages 5 to 20 and parents

A **Parent-Teen Resource Guide** with more detailed information is available from any of the resources listed here or can be downloaded at www.unifiedpreventioncoalition.org. This information sheet and the resource guide may not include all local agencies or organizations; they do include those contacts considered by the Countywide Initiative to Reduce Underage Drinking as most likely to be consulted first by parents and teens.

Fairfax County Government Agencies

**Alcohol and Drug Youth Services (ADYS),
Student Assistance Program (SAP)**

Phone: 703-533-5634
www.fairfaxcounty.gov/csb/ads
Serving ages 13 to 18

**Alcohol Safety Action Program (ASAP)
Substance/Alcohol Focused
Educator (S.A.F.E.)**

Phone: 703-246-2727
Email: elwood.jones@fairfaxcounty.gov
Serving court ordered/court referred teens

**Fairfax County Police Department,
Student Resource Officers (SRO)**

Phone: 703-246-4564 (Youth Services)
Email: FCPDPIO@fairfaxcounty.gov
www.fairfaxcounty.gov/police
Serving high school students and their parents

**Fairfax-Falls Church Community
Services Board - Prevention
Services**

Phone: 703-934-5476
Email: www.csb@fairfaxcounty.gov
www.fairfaxcounty.gov/csb/prevention

**Juvenile & Domestic Relations,
District Court Juvenile Intake
(Central)**

Phone: 703-246-2495 (24 hour hotline)
www.fairfaxcounty.gov/courts/jdr
Serving juveniles and their parents

Coordinated Services Planning (CSP)

Phone: 703-222-0880 or TTY 711
Email: www.fairfaxcounty.gov/dsm/csp
Serving adults

Community-Based Organizations

Al-Anon/Alateen

Phone: 703-534-HELP (4357) or toll free 877-339-8350
www.alanonva.com and www.va-al-anon.org/espanol.htm
Serving families, friends, and teens

Marijuana Anonymous World Services

Phone: 800-766-6779
Email: office@marijuana-anonymous.org
www.marijuana-anonymous.org
Serving adolescents and adults

Alcoholics Anonymous

Phone: 703-876-6166 (24 hour hotline)
www.nvintergroup.org
Serving adolescents and adults

**Mothers Against Drunk Driving (MADD),
Northern Virginia Chapter**

Phone: 800-533-6233 (VA MADD) or
703-379-1135 (Victim Services)
Email: Noreen.dinndorf@madd.org
www.maddnova.org

Dominion Hospital

Phone: 703-536-2000
Email: Dominion.DLCares@HCAhealthcare.com
www.dominionhospital.com
Serving ages 5 and older

National Counseling Group (NCG)

Phone: 703-796-6380 or 877-566-9624
www.nationalcounselinggroup.com
Serving all ages

**Inova Health System - Comprehensive
Addiction Treatment Services (CATS)**

Phone: 703-776-7782 www.inova.org
Serving ages 18 and older

P.R.O.T.E.C.T.

**Parents Reaching Out to Educate Communities
Together**

Phone: 703-966-8304
Email: jalcooper@aol.com
Serving parents and families

Inova Health System - Inova Kellar Center

Phone: 703-218-8500
www.inova.org
Serving children and adolescents

Vanguard Services Unlimited

Phone: 703-841-0703 or 866-888-0821
Email: admissions@vanguardservices.org
www.vanguardservices.org
Serving adolescents and adults

**Inova Health System - Inova Regional Trauma
Center**

Phone: 703-776-3259
Email: ashley.elzein@inova.org
Serving ages 10 to 21

Washington Regional Alcohol Program (WRAP)

Phone: 703-893-0461
Email: wrap@wrap.org
www.wrap.org
Serving adolescents and adults